

	Secretaría de Educación de Medellín Institución Educativa Fe y Alegría Aures “Educar para la vida con dulzura y firmeza” Taller Plan de Mejoramiento Personal PMP			
Área: Humanidades		Asignatura: Inglés	Grado: 7°2	Periodo: 2
Profesor(a): Zuly Salazar Moreno		Año: 2026		

Actividades a realizar

LEARNING ENGLISH CAN BE DELICIOUS!

Instrucciones: Resuelve las seis actividades en orden. Lee cada instrucción con cuidado y responde en inglés siempre que sea posible.

RECOMENDACIONES

- ✓ Lee cuidadosamente cada instrucción.
- ✓ Utiliza lápiz primero y luego escribe tus respuestas en limpio.
- ✓ Si encuentras palabras desconocidas, consulta un diccionario.
- ✓ Responde en inglés cuando sea posible.
- ✓ Revisa tus respuestas antes de entregar el taller.

ACTIVITY 1 — FOOD DETECTIVE

A. Classify the food

Write each food from the word bank in the correct category.

Word bank: Bread • Apple • Chicken • Cheese • Rice • Carrot • Milk • Orange • Fish • Tomato • Eggs • Banana • Yogurt • Lettuce • Beans • Watermelon

Fruits	Vegetables	Proteins	Dairy	Grains

B. Think and Reflect

Answer in English.

1. What is your favorite fruit? _____

2. What healthy food do you eat every week? _____

3. Name one food you should eat less often. _____

ACTIVITY 2 — THE SUPERMARKET CHALLENGE

Match the quantity or container with the correct food

Escribe la letra de la columna derecha que corresponde a cada espacio de la izquierda.

1. ____ a bottle of	a. bread
2. ____ a loaf of	b. water
3. ____ a carton of	c. cereal
4. ____ a bowl of	d. eggs
5. ____ a dozen	e. soup

- | | |
|----------------------|------------|
| 6. ____ a bag of | f. rice |
| 7. ____ a jar of | g. cookies |
| 8. ____ a box of | h. jam |
| 9. ____ a package of | i. pasta |

Complete the sentences

Example: There is a bottle of water on the table.

- 1. There is _____ in the kitchen.
- 2. There are _____ in the refrigerator.
- 3. My mother bought _____ yesterday.
- 4. We need _____ for dinner.
- 5. I have _____ for breakfast.

ACTIVITY 3 — LET'S COOK!

A. Learn the cooking verbs

Escribe la letra del significado en español que corresponde a cada verbo.

- | | |
|---------------|---------------------|
| 1. ____ Wash | a. cocinar en horno |
| 2. ____ Cut | b. mezclar |
| 3. ____ Mix | c. cortar |
| 4. ____ Peel | d. lavar |
| 5. ____ Fry | e. pelar |
| 6. ____ Boil | f. freír |
| 7. ____ Bake | g. hervir |
| 8. ____ Stir | h. revolver |
| 9. ____ Serve | i. servir |

B. Put the recipe in order — Fruit Salad

- () Serve the fruit salad.
- () Wash the fruit.
- () Peel the bananas.
- () Cut the apples.
- () Mix all the fruit.
- () Add yogurt.

C. Write your own recipe

Choose a simple food.

My recipe is: _____

Ingredients: _____

Instructions:

First, _____

Next, _____

Then, _____

Finally, _____

ACTIVITY 4 — WHAT'S IN THE KITCHEN?

Look at the kitchen.



A. True (T) or False (F)

- 1. There is a bottle of milk on the table. _____
- 2. There are four bananas in the bowl. _____
- 3. There is a loaf of bread. _____
- 4. There are two tomatoes. _____
- 5. There isn't a refrigerator. _____
- 6. There are some eggs. _____

B. Complete the sentences

Use There is, There are, There isn't or There aren't.

- 1. _____ a bag of rice.
- 2. _____ three apples.
- 3. _____ any pizza.
- 4. _____ a jar of jam.
- 5. _____ two chairs.
- 6. _____ any oranges.

C. Write your own sentences

Write two affirmative and two negative sentences.

Affirmative

- 1. _____
- 2. _____

Negative

- 1. _____
- 2. _____

D. Ask and Answer

Example: Is there any milk? → Yes, there is.

Write three questions of your own about the kitchen and answer them.

1. _____ ? → _____
2. _____ ? → _____
3. _____ ? → _____

ACTIVITY 5 — READING CHALLENGE

Healthy Breakfast

Every morning, Laura prepares breakfast for her family. There is fresh milk, bread, cheese and fruit on the table. There are bananas, apples and oranges in a bowl. Her father likes eggs, so Laura cooks two eggs every day. First, she washes the fruit. Next, she cuts the bananas. Then, she prepares the eggs.

Finally, everyone enjoys a healthy breakfast together. Laura believes that eating healthy food helps people have more energy and feel better during the day.

A. Choose the correct answer

1. Laura prepares breakfast...
a) at night b) every morning c) every Sunday d) after school
2. There are _____ in the bowl.
a) tomatoes and carrots b) bananas, apples and oranges c) potatoes d) sandwiches
3. Laura cooks...
a) fish b) chicken c) eggs d) rice
4. What does Laura do first?
a) She cuts bananas. b) She washes the fruit. c) She serves breakfast. d) She drinks milk.
5. Healthy food helps people...
a) sleep all day b) have more energy c) eat more candy d) watch television

B. Vocabulary in Context

Word		Meaning
Fresh	_____	cocinar
Prepare	_____	fresco
Enjoy	_____	disfrutar
Energy	_____	preparar
Cook	_____	energía

¡Felicitaciones por completar tu Plan de Mejoramiento Personal de Inglés!

Observaciones y Recomendaciones:

Zuly Salazar Moreno

Nombre

Firma del profesor